



HOW WELL LEADS TO WELLNESS

Employee health and wellness are at the forefront of everything we do, and this new building is no exception. With the new building certification program, employees can expect to see many changes throughout their everyday work experience. Some of these changes will be improvements of the past, while other additions are innovative and will alter the way Valmont operates as a company. The WELL Standard consists of 11 different concepts that contain many requirements for the new building certification. These include air, water, nourishment, light, movement, thermal comfort, sound, materials, mind, community and innovations. Through these different concepts, points can be earned for meeting certain requirements.

For example, the movement concept consists of 12 requirements including physical activity

opportunities (3 points) which can be met by featuring free exercise programs for employees each week. Meeting these standards through the building's design and features will help to increase employee wellness.

Other requirements include mindful eating under the nourishment concept, which covers designated eating spaces and daily meal breaks. Mental health support falls under the mind concept, which asks for Valmont to provide mental health screening, coverage and workplace support in order to help make our employees' lives better.

Each one of these WELL concepts plays a crucial role in both the health of employees and the new building's certification. These concepts will help keep the air in the building clean, the water filtered, environments safe, food options and portions healthy, physical activity prevalent and so much more.

The new headquarters will offer a new outlook on healthy living for employees and the company as a whole. In today's world, this has never been truer. Through the use of the WELL Standard, there is a clear connection between our own health and the workplace that we occupy every day. This environment will enrich and promote healthy living while also being flexible enough to be improved as time goes on, doing so to make all of our lives better. For more information, visit v2.wellcertified.com/v2.1/en/overview.